



# Thetford ACADEMY

## Course Registration Tips for Rising 10th Graders

1. Review implications of high school credits (26 required to graduate) and the importance of establishing a strong GPA, long-range course planning, and how technical programs and colleges will be looking at transcripts. If you have questions about this please refer to the TA Course Guide or speak with your counselor.
2. Daily block schedule: 4 blocks, 8 half blocks (2 Semesters: Fall & Spring)
3. It is strongly recommended that students schedule 3.5 credits per semester. If a student is not scheduling at least 3.5 credits each semester, they must fill out the “Request for Extended Learning” form and return it with their Course Registration form.
4. Every 10th grader takes **English 10, United States History** (formally US History to 1900), **Biology, and Math**. Try to balance core courses each semester. Some students choose to take English and History in different semesters due to large writing projects.
5. **World Language:** It is highly recommended that students take at least two high school years of a world language. Many colleges prefer three.
6. **Math:** For the appropriate math course, students should seek advice from the current (or most recent) math teacher.
7. For those needing **Physical Education** credit, options include **Aerobic Fitness, PE 10-12, and Yoga**.
8. Reminder, all students are required to complete one (1) credit in the **Arts** in order to meet graduation requirements.
9. **Electives:** Please refer to the [Course Guide](#) for the available elective options.



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10. If on an IEP, at least ½ block (40 minutes) of **Learning Center** must be scheduled.  
Those on 504 plans may also have Learning Center time. For eligible students, one (1) credit will be awarded for the successful completion of a one-year program of individualized study in the Learning Center. (Up to 4 credits of Learning Center credits are possible throughout high school).
11. If planning to play a sport at the college level, speak with your counselor about registering with the NCAA in the coming year.
12. The **Thetford Outdoor Program** (TOP) will be offered C and D block in both fall and spring semesters. Students can choose to take one or both semesters. Please see your counselor to make sure you are getting the required 10th-grade credits.